

## MWC TRAINING SCHEDULE 2011-2012 SKI SEASON

### DECEMBER-

- 3 Directed Free Skiing/MBSEF Basic Fundamentals and Technique
- 4 Directed Free Skiing/MBSEF Basic Fundamentals and Technique
- 10 Directed Free Skiing
- 11 Directed Free Skiing
- 17 Directed Free Skiing
- 18 Program Off for Coach Education Clinic
- 27-30 Christmas Break Camp - Tuesday through Friday - 9:00am – 1:00pm

### JANUARY-

- 7 GS Training
- 8 GS Training
- 14 SL Training
- 15 SL Training
- 21 GS Race - Cliffhanger
- 22 SL Race - Cliffhanger
- 28 SL Training and Jump Training
- 29 SL Training

### FEBRUARY-

- 3 Mt. Hood 4 Way – XC & Jumping
- 4 Mt. Hood 4 Way/Directed free ski at home with coaching staff members
- 5 Mt. Hood 4 Way/Directed free ski at home with coaching staff members
- 11 GS Training
- 12 GS Race - Ed's Garden
- 18 Dual SL Fun Race/Directed free skiing
- 19 SL Training
- 25 SL Training
- 26 GS Training

### MARCH-

- 3 SL Race - Cliffhanger
- 4 SL Training
- 10 Combi Race Training
- 11 GS Training
- 17 MWC Finals Combi Race - Cliffhanger
- 17 MWC Awards Banquet Location TBD 7:00pm
- 18 Mike Puddy Memorial Dual Race
- 23-25 Buddy Werner Championships/Off at home
- 27-30 Spring Break Camp - Tuesday through Friday - 9:00am to 1:00pm

### APRIL-

- 14 SG/Jump Training - 9:00am to noon
- 20-22 May Day Race