



Nordic Stevenson Youth Program

Winter Camp December 27, 28, 29, 2011

The MBSEF Stevenson Youth Program (SYP) is designed to foster a lifelong appreciation for the sport of cross country skiing, a love for the outdoors, and a basic understanding of our amazing winter environment. In the MBSEF SYP skiers in 2nd through 5th grade, (ages 7-11) will participate in 10 Saturdays, 10 Sundays, and/or 10 Wednesdays, of progressive, age appropriate activities that will develop their XC skiing skills, fitness, environmental awareness, and love for the outdoors in a safe, fun, and challenging environment.

Free Extras: Winter Camp December 27, 28, 29 is free to MBSEF SYP program participants. Come on out and have fun with your friends! If you are not an MBSEF SYP program member, you are welcome to join us. Camp is only \$75 for non-MBSEF program members, which can be applied to your enrollment fee if you decide to join.



Program Dates: - visit mbsef.org nordic home page training calendar for specific training updates

Parents Meeting:	Wednesday, December 14 - 7:00pm at MBSEF
Winter Camp:	December 27, 28, 29, 2011
Wednesday Sessions:	Jan 4, 11, 18, 25, Feb 1, 8, 15, 22, 29, Mar 7
Saturday Sessions:	Jan 7, 14, 21, 28, Feb 4, 11, 18, 25, Mar 3, 10
Sunday Sessions:	Jan 8, 15, 22, 29, Feb 5, 12, 19, 26, Mar 4, 11
Stevenson Stampede:	TBD - open to Wednesday, Saturday and Sunday skiers
Full Moon Ski:	Feb 4 - open to Wednesday, Saturday and Sunday skiers
Quidditch	TBD - open to Wednesday, Saturday and Sunday skiers
Paintball Biathlon:	Feb 11, 12 - open to Wednesday, Saturday and Sunday skiers

For 2011-2012 registration forms visit
www.mbsef.org