Greetings From The Director

by John Schiemer

As we enter the spring and summer seasons, please remember there are still opportunities to participate in several outstanding camps being offered at Mt. Bachelor and Mt. Hood through MBSEF. Our June camps are fast approaching and enrollments have been strong in all areas. The camp environment offers a unique opportunity for several consecutive days of focused training. Often times, camp training is where many of our kids take that “next step” in their progression as athletes. We purposely schedule our camps as soon as school ends before we all scatter in different directions for the summer. And special thanks to Mt. Bachelor for making the hill available to us for this training.

There are also several opportunities for additional training later this summer. The Alpine and Freeride groups are looking at camps at Mt. Hood in July and early August. Nordic is offering training all during the summer several times a week as athletes look to increase their fitness in preparation for next season. Finally, our ever popular mountain bike program offers a chance for your athlete to stay connected with their MBSEF friends throughout the summer. We are also exploring the possibility of a combined discipline (Alpine, Freeride and Nordic) fall dry land training program for our middle school aged children. We will communicate this information if we are able to create a program that makes sense.

Our PPP race was quite successful with almost 3,000 participants, a number that has been fairly consistent for a number of years. The post race celebration was well attended with approximately 10,000 or so, racers and supporters. The weather cooperated and provided a great atmosphere to share the favorite PPP race “story” of the day. The feedback has been positive, and as usual there are always things we learn on race day, as we look to continue to improve this race. As I have mentioned many times, we could not do this event without the help of about 600 volunteers. If you were one of our many volunteers, I want to sincerely thank you for donating your time.

Finally, registration for next season will begin in July. Due to overwhelming demand, we will again have to “cap” our Mini World Cup program. We are receiving a lot of interest from families that would like to join this outstanding program. Unfortunately, we will not be able to accommodate all of these athletes and we will be completing an athlete “evaluation” in late November to ensure that all new athletes entering our program are ready.

If you are a returning MWC family, we will hold your spot until August 31, at that time we will open registration to new families. MWC will be full by the middle of September, so please do not delay registering your children. If you will not be returning next year, please call the office and let us know. We will also be offering a Winter Term option for those U14 athletes that would like a little more training than the MWC program offers. Please contact Nils prior to registering your child to see if this new offering makes sense for your athlete.
John Schiemer, accepting a sizable donation from Dave Rathbun, President of Mt. Bachelor, LLC, for the Aaron Karitis Endowment Fund.

MBSEF would like to sincerely thank Mt. Bachelor for their donation to the Aaron Karitis Endowment Fund. Aaron was a former MBSEF racer that died in an avalanche in Haynes, AK while guiding a group of skiers. His mother Beverly is a longtime volunteer for MBSEF handing out race bibs in the JRC and providing other volunteer duties. At Aaron’s Celebration of Life in early May, Bev asked that memorial donations be made to MBSEF in honor of Aaron. Thus a permanent endowment was created entitled the Aaron Karitis Endowment Fund. Each year, two deserving athletes will receive a $250 scholarship to allocate to their program fees. MBSEF is happy to announce that with the help of Mt. Bachelor, funds collected from the Ski Swap admission fee, and many generous donors, this endowment has already exceeded $10,000.

15th Annual
MBSEF Firecracker 100km
Bike Ride
Starts and Ends at Rim Rock Riders Event Center at Brasada Ranch
Friday, July 4, 2014
MBSEF Cycling Program!

Cycling season is in full swing! MBSEF Cycling is great cross training for winter sports, so grab a friend and come join the MBSEF Cycling program this summer.

Two week mountain biking summer sessions will start up in June and run through August. Swing by the Foundation or hop on our webpage, mbsef.org, to sign up today! Please contact our Cycling Director, Chuck Thomas, with any questions regarding our cycling programs. cat.4001@gmail.com.

We are offering Club Mountain Bike Cycling for ages 6-14. Cycling is a fun way for our athletes to build and maintain their strength and fitness during the summer. A limited number of loaner bikes are available, please contact MBSEF for more details.

Two week sessions of Club MTB will run in June, July and August, on Mondays, Tuesdays, Wednesdays, and Thursday. Two, three, and four days per week options will be offered. We will again offer a September Wednesday early release session.

If you have any questions please do not hesitate to contact us.

Club MTB June Session III:  2:30pm - 4:30pm June 16-26

Club MTB July Session IV:  9:00am – 11:00am July 7-17

Club MTB July/August Session V:  9:00am – 11:00am July 28 - Aug 7

Club MTB August Session VI:  9:00am – 11:00am August 18-28

Don’t wait til the last minute to register - both April and May sessions filled up!
2014 U.S. Bank Pole Pedal Paddle
by Nick Campbell (aka Run Course Guy)

Seems like last year we had months to prepare for the PPP; this time, it was about two weeks. Fortunately, we’ve got a good template to follow: take what we did last year, then wash/rinse/repeat.

I decided not to mark the run course on Friday night. I’d still have to verify everything on race morning, and I didn’t want the local hooligans having a chance to mess things up. So I had an extra glass of wine and went to bed early.

Race day, around 0530; I hope Molly’s prediction of 73 degrees comes to pass, because it is positively frigid right now. But it sure is pretty in Farewell Bend Park; clear, crisp, and oh so quiet. All that will change shortly.

The Aid Station food delivery arrives, and what do I see? The entire Evans family wearing Vibrams on their feet. First big smile of the day!

It didn’t take long for me to mark the course (or to experience the first injury of the day). Evidently, I’ve forgotten what every kid knows: be careful when using chalk on pavement.

Is there anything better than coming across a pristine Portalohn and being the first to use it?

One of my run course volunteers, brand new to town, just finished a night shift and came straight out to the race. Volunteers are awesome!

While riding the course on my bike and making sure things are set, I come across this couple; Austin and Renee. They run an athlete recovery lounge in town; I might need to go there later. And Renee is a professional runner. Later, I see her absolutely destroying the course with something like a 5:15 second mile. Serious wheels!

I really don’t know what to say about this guy?

Under the Healy Bridge with a mile to go in the run, there’s a string quartet playing Irish folk music! I swear, Bend is the best place in the world to live.

Here’s German guy Rolf: two years ago, he was starting the run long after course marshals told us the race was over. See, Rolf had finished the bike leg, then ducked into a pub to see the results of the European soccer championship. When the match went into extended overtime, he stayed at the bar while consuming multiple beverages. Then he finished the race in dead last, but with a big smile on his face

Best dressed support staff EVER.

A fairly straightforward day, as evidenced by my car at 3pm. Contents include extra lunches and t-shirts for volunteers, course signs, orange duct tape, chalk, flour course marking, emergency phone numbers, and who knows what else. Everything a good Sherpa needs!
Meet a Few of the MBSEF Cycling Coaches!

Chuck Thomas, Cycling Director

Home Town: Rockford, IL
Years Mountain Biking: 30
Favorite Trail: Waldo Lake Loop

Reasons I enjoy coaching: I love helping kids develop new skills in all outdoor sports. Their fearless nature and enthusiasm makes it fun to be a coach. Also, kids say the funniest things.

Skyler Kenna, (Best Looking) Cycling Coach

Home town: I live in Bend Oregon and I was born in Vail Colorado.

Favorite ride: I love riding in Bend Oregon on all the trails. Pretty much anywhere is a great place to ride.

Reasons I like coaching is mostly I like riding and seeing people enjoying being on their bikes and having fun on the trails.
I have been riding mountain bikes for about 10 years now. Something special about myself is that I make crazy good pancakes!

Todd Schetzsle, Cycling Coach

Home Town: That's a bit tricky. I grew up on the Rocky Mountain plateau in the Nat Park Service, from Montana, Colorado, and on down to Moab, UT, never spending more than 5 years in any one place. So I guess I'm from the Rockies.
Favorite Trail: Swede Ridge to South Fork loop. Brutal climb with a rippin' fast descent for a reward.

Reason Enjoy Coaching: I get the experience of influencing the new generation of riders. There's nothing better for a coach than to hear, at the end of four weeks, "Four weeks ago, I wouldn't have been able to ride that. Now I can!" It's like, "Wow, I had a hand in that." It's a good thing.

Years Mountain Biking: I've been on a bike my whole life. Ever since I could balance on a bike, I haven't quit. As far as mountain biking is concerned, I put down my BMX and fixed gear bikes in favor of a mountain bike about 4 years ago. Haven't looked back since... probably run into a tree if I did.

Jeremy Moran, Cycling Coach
MBSEF ATHLETE NAMED ON U.S. SNOWBOARD HALFPIPE ROOKIE TEAM

In mid-April local Bend snowboarder and MBSEF Full Time rider Nate “Duder” Jacobson was invited to be on the U.S. Snowboard Halfpipe Rookie Team. This esteemed nomination came from many years of hard work culminating in an amazing season for the 16-year-old athlete. Nate started riding with MBSEF at the age of 7. He started competing in the local USASA Enter the Dragon series when he was 8, and at age 10 started winning many of the competitions, qualifying him for the USASA Nationals. At age 12 things started to click and Nate landed his first 720 at Mt. Bachelor, boosting his confidence and eventually leading to a 3rd place halfpipe podium at USASA Nationals in the Breaker Boys (12-13) age division. He began training full time with the MBSEF Competition team at age 13 and started competing in the USSA Revolution Tour series.

Over the past 3 years Nate has developed into a talented rider. This last season and a half has been one of leaps and bounds for Nate in his progression in the sport. At the end of last year Nate qualified for the finals at USASA Nationals in the Open Class division for Halfpipe. He placed 6th in a group of Olympic hopefuls including one of this year’s Olympians Taylor Gold. This momentum carried into this season earning him a spot in the Burton US Open Halfpipe Qualifiers at Seven Springs, PA where Nate laid down a successful first run which was good enough to hold onto 6th place and earned him a spot at the US Open in Vail, CO. He continued his success on the USSA Revolution Tour making finals in the first 2 stops and grabbed a 3rd place podium at Mammoth, CA.

After Mammoth, Nate competed in Vail, CO in the Burton US Open. For snowboarders this event is comparable to the Olympics and X-games with a field of international riders and multiple Sochi Olympians. In Nate’s first year at the event he showed composure and skill boosting 18 plus feet out of the pipe with a stellar run, for which he was rewarded with a 22nd place finish among the top pipe riders in the world. He finished his season off with a bronze medal in the USASA Open Class Nationals halfpipe in Copper Mtn, CO, standing on the podium with local rider and former MBSEF athlete Australian Olympian Kent Callister.

Nate is the son of Brad and Mari Jacobson, and his sister Brandi is a senior at Summit High School, and a Nordic Full Time program member for the season 2013-2014.

Congratulations to Nate for making the U.S. Rookie Snowboard Team!
Central Oregon 500+
“Eat, Sleep, Ride and Repeat”
June 4th - June 8th, 2014
5 Days of Classic Central Oregon Road Rides
100 mile and 100k (Metric Century) Ride Options Each Day

THE RIDES!
Wednesday, June 4th .... Mt. Bachelor Loop
Thursday, June 5th ........ Crooked River Canyon
Friday, June 6th ............ East Lake
Saturday, June 7th ............. Smith Rock
Sunday, June 8th ............. McKenzie Pass

THE INFO!
• Ride Guides for FAST, MEDIUM, and SLOW packs provided.
• Frequent rest stops with gourmet food and lunch each day.
• SAG and bike support provided each day.

MBSEF Summer Snow Camps

Freeride
June Development Camp will be June 13-18, with one off day, whitewater rafting.
June Competition Camp will be June 13-20, with one off day, whitewater rafting.
August Mt. Hood Camp TBD

Nordic
June Fire and Ice Camp June 13-18

Alpine
June Development Camp June 13-17, with one off day, whitewater rafting.
June Fundamentals Camp June 13-20, with one off day, whitewater rafting.
Mt. Hood Development Camp July 28-30.
Dear Parents and Athletes:

Thank you for your participation in an MBSEF program this season! Our mission is to provide an excellent coaching staff that raises our athlete’s existing skills to a higher level in a fun, friendly and supervised environment. We hope all of our participants have achieved more confidence and have experienced improvement in their skiing, boarding, or cycling. We believe the camaraderie gained from meeting new friends and training with them each week is one of the keys to the success of our program and a benefit to all the participants. Our coaching staff has enjoyed coaching your children and hope they have enjoyed their time with us.

Our goal is to have all of our members come back next season, focusing on continued improvement in the program they enjoyed best or challenging themselves by joining a different program to experience the next level of participation.

We are in the process of developing and refining our programs for next season. We hope to email our next season enrollment materials to you in late June. We intend to again offer early season discounts for early enrollment in July and August, so plan early!

Thank you again for participating in an MBSEF program this past season and supporting our Foundation. Please plan to join us next season, and tell your friends!

Kathy Kurtz, Membership

It was great to see such a huge gathering for our Annual Awards Banquet held on April 25. The support shown to our award recipients with your presence was well appreciated. Acknowledgement of the hard work everyone does throughout each season is very important. While we would love to recognize everyone that supported MBSEF this past season, there are only so many awards to go around. There are always hard decisions for the awards committee to make in choosing award recipients, and this year was no exception. Thank you to all the volunteers who helped with the banquet. All of this helped make our banquet this season the best ever!

MBSEF will again have limited summer office hours from 9am to 4pm, beginning May 27 and continuing through September 19. Have a great summer from all of us here at MBSEF!