Greetings From The Director

by John Schiemer

Summer is almost over and what a busy summer it has been. Our June ski camps were a huge success thanks to the hard work of Mt. Bachelor’s crew and staff. They moved snow, created trails and made it possible for over 60 of our Alpine and Freeride athletes to get down to the lift without removing their skis. In addition, Mt. Bachelor made space for over 40 Nordic skiers at the top of the Pine Marten lift so that all of these athletes could get on snow. This was a welcome addition for our Nordic athletes because early on it appeared that we would not be able to get on snow during the Nordic camp. Thanks again to Mt. Bachelor for their continued support of our programs.

Our online registration system through the Active Network was rolled out in early July and so far it has been a success. Roughly one half of our enrollments have come in through this system and we hope this trend continues. We will also be migrating all of our race and camp enrollments to this online system during the next couple of months. Finally, we are also going to be upgrading our existing website into a format that will allow us to make changes, add more pictures and provide additional flexibility to keeping our website more current. Look for these changes in the months ahead.

The Bend Memorial Clinic Cascade Cycling Classic had another successful tour in and around Central Oregon in late July. There were over 300 professional athletes and additional 300 amateur cyclists. According to a couple of the national media members who have attended this event for many years, the Saturday evening crowd for the downtown criterium was one of the largest they had ever seen. Many thanks to the MBSEF and the hundreds of volunteers that make this event possible. If volunteers do not come forward for this event the race does not happen. Thank You!

The final Cascade Gran Fondo was staged on August 4th and over 300 riders participated in this fun event which started and finished at Mt. Bachelor. Chris and Megan Horner have put on this event for the past few years and this year MBSEF played a larger role than in previous years.

Thank you again to the staff and volunteers who helped at the aid stations. Unfortunately this will be the last year for this event and we are sorry to see it go. Thank you to the Horner’s for their support of MBSEF, we will truly miss this event.

Our next large event will be the Skyliners Winter Sports Swap and unfortunately the location we used last year is no longer available so we have found a new location on Boyd Acres Road near Brinson. The building has been used as a manufacturing facility in the past and will provide ample space for this event. Look for more information on this popular event over the next several weeks.

As we continue towards the fall and winter seasons, please feel free to call any of our Program Directors if you have questions about our programs. Each of them has a wealth of knowledge, and can provide you with great information and help you make best decision for your children.
MBSEF September After School Cycling Program!

Come on out and join us Wednesdays after school! We will pick you up from your school in our vans, and head out to ride on our beautiful trails around Bend. The dates are Wednesdays, September 11, 18, 25, and October 2. September Session VII is for age 6+, and groups will be split up by age and ability level.

Let’s take advantage of the beautiful September weather, and get another month in out on the trails. A limited number of loaner bikes are available, please contact MBSEF for more details.

Our April and May Wednesdays after school sessions were a huge success. September is shaping up to be epic as well! If you were signed up for any of our earlier sessions, just call in to the office, 541.388.0002, and we can enroll you over the phone.

We hope to see you out on the trails!

UPCOMING FALL EVENTS
MARK YOUR CALENDARS!

Sep 3 ..................... XC Fall Training Begins
Sep 9 ..................... Alpine Fall Training Begins
Sep 11 .................... Wed After School Cycling Begins
Sep 23 ..................... Freeride Fall Training Begins
Oct 12 ..................... Skyliners Winter Sports Swap
Nov 15 ..................... Snowball Dinner, Dance & Auction
Nov 22 ..................... Alpine Canada Thanksgiving Camp
Nov 26 ..................... XC West Yellowstone Super Tour

SKI TRACKS

SKI TRACKS is the official newsletter publication of Mt. Bachelor Sports Education Foundation, a non-profit, tax-exempt 501(c)(3) membership association.

SKI TRACKS is published six times per season (September, December, February, March, April, and June). Publications are available to current members enrolled in an MBSEF program. Membership year runs September through August.

Publisher: MBSEF
Editor: Kathy Kurtz

Story contributions are always welcome!

We appreciate in-kind and financial contributions supporting our Foundation.

Please have stories in by the third week of the month, for publication the following month. We prefer stories and photos sent via email. Contact us at the numbers and address below.

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A Peak Into Dan’s Nordic Summer Training!

Middle school doing Misery Ridge. Come one, come all.

Great Day. MBSEF Summer Team roller skied from the MBSEF office all the way to Mt. Bachelor, then they climbed Mt. Bachelor! And it’s just another day of training. Wow! Thanks for the company Karsten and Lydia. We love having the company.

Yup, I’ve reached the point where my best skill is dead weight.....

I just love this summer’s MS dryland group. With three groups on three days, we have a new athlete every day showing up. Come join us. This is going to be fun.....

Thanks to 360 Strength our new strength training partner.
Our skiers laugh, smile, and work the whole time we’re in.
It’s perfect!
Give them a try, you’ll be glad you did.
"Impressions from the first week of breaking ground on the Mt. Bachelor Bike Park begin with gratitude that this project has finally begun and that I get an opportunity to be a part of phase one in this project taking Bend to the next level as a destination bike mecca. After moving here six years ago to go to OSU-Cascades and to lay the groundwork for an eventual career in the mountain bike industry, I can’t wait to see what we, the Trail Crew, are able to do with the remaining building season.

"In the first two days we got to build last week, I feel that what we have before us is promising. The terrain and dirt look like they are ready to have trails on them. Once we get to building trail seven days a week, and our bodies are used to the long days of being on the mountain, we will crank out some quality trails that will give the gravity community, and those new to it, a great place to take their big bikes and do lift accessed laps.

Mt. Bachelor and Bend have a lot to gain from this opportunity to bring more lift-accessed mountain biking to the region and the state. From what I am seeing and hearing, the next five years will create a great network of trails on the mountain and I think I speak for the whole crew when I say that we are all stoked to be able to bring some of these trails to the biking community here. I think we have a great opportunity in our laps and now all we have to do is deliver. Luckily for us we have the experience and guidance of Gravity Logic to really make this happen."

-Seth Gehman

Seth is the Head Coach for the MBSEF Mountain Bike Program, Board Member for the Central Oregon Trail Alliance (COTA) and a member of the trail building crew for the Mt. Bachelor Bike Park.

Photos Courtesy of Jim Sanco/Tom Lomax
UPDATE: August 4, 2013

Aside from some minor finish work that will occur shortly before opening, the Rattlesnake and Blade Runner trails are largely complete! The focus now continues to be on the 4-mile long Lava Flow trail, our longest and easiest top-to-bottom trail. It's a wider excavated trail and we're working our way from the top-down. Farther west, the hand trail crew has been dispatched to Last Chance. This winding, difficult single-track trail in the Outback area starts at Pine Marten Lodge and switches-back through the Modo, Leeway and the Peckerwoods areas. The goal is to have Last Chance complete down to the 21 Road (near the Cinder Cone saddle) by our September opening. As for the weather, last week's thunderstorms caused a work slow-down, but the rain really helped settle the dust. With the thunderstorms gone, speedy work has resumed!

July 23, 2013

The ideal summer weather has allowed for continued steady progress. We expect the trail crew to be off of Rattlesnake and Blade Runner by early next week. That will leave those trails essentially finished top to bottom with only some bridges and finish work left to complete. Excavation work on upper Lava Flow continues and hand work will shift back to upper Last Chance next week. Construction is on pace and a September opening is looking more and more likely!

UPDATE: July 18, 2013

Gravity Logic crew has arrived! They have started machine work on upper Lava Flow and are assisting the trail crew with finishing passes on Rattlesnake and Blade Runner. Initial hand-crew trail work is also underway on upper Last Chance right below Pine Marten Lodge.

July 15, 2013

The trail crew made rapid progress on Rattlesnake over the weekend. It's now about 70% complete. As it connects to the lower Blade Runner trail, this will be the first top-to-bottom trail to be finished. The mini-X is on site and Gravity Logic is here to assist in the initial excavation of Lava Flow and Cone Run trails.
Down Time? I Don’t Think So!

by Molly Cogswell-Kelley

Just because it’s not snowing out, does not mean that the MBSEF office isn’t still rocking. The summer started off with the Central Oregon 500+. Last year, we had 5 paid riders. This year, we had over 40 people that rode 100 miles for 5 days in a row. Most came from Washington, California, Montana and Portland. They all loved it because we made it so people didn’t really have to think much. We took care of the support, the food and the ride guides. So it really is the perfect trip for the out of towner who loves to put a lot of miles on their bike. Thank you to Tom and Beth Lomax for organizing the rides and letting us use your great property every day!

By the way, John Schiemer, Executive Director of MBSEF rode all 5 days! And he got faster as the week progressed!

Bend Memorial Clinic Cascade Cycling Classic - another epic year. We had a full Pro Men’s field and the biggest Pro Women’s field we have ever had. The weather cooperated. However, it would be nice if Mother Nature could give the riders a break for the Deschutes Brewery Awbrey Butte Circuit Race. For the past 8 years that I have been involved, that Sunday is always one of the hottest days of the summer. It’s brutal.

It’s always such a pleasure working with the fantastic CCC crew. We always bond over those 6 days of working 15+ hours a day. Thank you everyone! Of course, our race could not happen without the wonderful volunteers, sponsors and the government agencies. Thank you Renee Mansour for being such an amazing Volunteer Coordinator and beautiful podium girl. Thank you Karen Kenlan for being our great Host Housing Coordinator. Those two positions are extremely important in having a race run smoothly and for racers to return. Thank you to Desert Orthopedics and Rebound Physical Therapy for providing all the medical support.

I can’t say enough thanks to our generous sponsors. First and foremost, a huge thank you goes out to our title sponsor, Bend Memorial Clinic. Thank you so much for supporting this race for 8 years! Our stage sponsors: Wells Fargo, Robberson Ford, Indie Hops, Earth 2O, Desert Orthopedics, Rebound Physical Therapy and Deschutes Brewery. Our additional sponsors are the Athletic Club of Bend, Scanlon’s, Jerry and Christine Barnes, Hutch’s Bicycles, Friends of Nicole Reinhart, Pacific Power and BigFoot Beverages.

Cascade Gran Fondo
We were very fortunate to be involved in putting on this event with Chris and Megan Horner for the third year in a row. This year, they hired me to be the technical director. That is a little scary because I have a hard time with maps. However, no one got lost and the event was fantastic!
Six MBSEF Nordic Skiers along with MBSEF Nordic Program Director, Dan Simoneau, attended Elite US Ski Association Training Camps this summer where they trained under the guidance of US Ski Team coaches and alongside the best skiers in the country.

Skyler Kenna (age 18), Alex Wiltz (18), Leo Lukens (15) and Emily Hyde (16) recently attended the Western Region Elite Group (REG) camp in Park City, UT in late June. The Western REG is for top U19 skiers based on Junior National results and US Ski Association National rankings. The top Nordic skiers from Rocky Mountain, Intermountain, Far West, High Plains and Pacific Northwest Divisions of the US Ski Association are eligible for the Western REG camp.

In addition, Leo Lukens (15) and Zeb Millslagle (16) attended the National Elite J2 camp in August at Northern Michigan University. Selection for the National Elite J2 camp was based on results from last March at the 2013 Junior National Championships in Fairbanks, AK.

“These elite camps are incredible opportunities,” said Dan Simoneau, “skiers get a week of training under the guidance of some of the US Ski Team Coaches and club coaches from great programs throughout the Western U.S. In addition MBSEF athletes got the chance to train and test with the best skiers in the country in their age groups.”

The MBSEF Team

At the culmination of the Western Regional Elite Group camp was a 17 mile roller ski that climbed 5300 vertical feet.

Left to right are Leo Lukens, Alec Wiltz, Skyler Kenna, Emily Hyde and coach Dan Simoneau.
HELP WANTED

Nordic Assistant Coach

Now that Anna has gone back to Vermont to go to grad school, we have some mighty big shoes to fill! MBSEF is seeking an Assistant Nordic Coach to lead, motivate, educate and provide direction to athletes/members of the MBSEF Nordic Program and assist the Nordic Director in all facets of the Nordic Program, including Collegiate Programs, Masters Programs, U18/U16 racing programs, Middle School, Youth, and Biathlon.

Nordic Stevenson Youth Program Coordinator

Jason Albert is stepping down from the SYP Coordinator position, and we are searching for a replacement for him as well. The Stevenson Youth Program is designed to foster a lifelong appreciation for the sport of cross country skiing, a love for the outdoors, and a basic understanding of our amazing winter environment. This is a fun and rewarding position. In SYP skiers in 2nd - 5th grade ski 1-3 days a week from January 4th through March 12th, plus they have a three day camp over the Christmas Holiday.

Nordic Race Director

We are seeking to hire a Nordic Race Director. MBSEF organizes, promotes, and produces 10-12 Nordic races a year at Mt. Bachelor and in the National Forest. The Nordic Race Director serves as either Chief of Race or Chief of Course for all these events.

Nordic Race Coordinator

The Nordic Race Coordinator serves as Race Secretary and Volunteer Coordinator for all Nordic races.

That,

All of us here at MBSEF would like to give Dennis Oliphant and Sun Country Tours a HUGE THANK YOU for their Big Eddy Thriller whitewater rafting trip fundraiser on August 25. All proceeds were donated to MBSEF. Dennis established the Sun Country Tours Foundation more than 20 years ago. The foundation donates more than $20,000 annually to regional organizations that specifically focus on youth, education and environmental causes. Dennis is also board chairman for MBSEF. THANK YOU!

And What Not!!

Thank you to Kelsey Daubenschmidt, for organizing the Freeride Competition Team’s car wash fundraiser held Saturday, August 24.

It was a huge success, and all money raised went to the participating athlete’s MBSEF account for help with enrollment fees, travel and competition costs, and equipment needs. It was so great to see all the kids working hard, having fun, and earning money to put in their accounts.

The athletes worked hard, and washed a lot of cars! The athletes who worked the car wash made over $1,000 to split among themselves. We will try to hold another car wash in September. Stay tuned!